



Membership Information

All membership contracts include;

- Fully equipped gymnasium.
- 20 meter heated indoor pool.
- Spa Pool and Steam Room.
- 1 complimentary induction session.
- Bring a friend to train for free every Friday.
- Guests may come with a member at a fee of £10 for adults or £5.00 for children per day.
- Access to our Personal Trainers.
- Unlimited access to all classes.
- Free onsite parking.
- Corporate discount available.
- Access to the Tennis Court.
- Unlimited use of Fitness First Jersey.
- 10% discount on Spa Treatments only.
- Free Wi-Fi.

Adult Membership

1 month, 3 month, 6 month and 12 month options available.

£25.00 Joining fee applies to all membership contracts.

Corporate Membership

12 month option available.

Please contact the club for a full list of our membership options and prices.

Student Membership

1 month, 6 month and 12 month options available.

Minimum age for membership is 16 years. ID may be requested.

Opening Hours

Mon - Thurs - 6:00am - 9:00pm
Fri - 6:00am - 8:00pm
Sat - 8:00am - 8:00pm
Sun - 8:00am - 6:00pm

Club opening hours & children's swim times may differ on bank holidays. Please ask in club for details.

Location: St Brelades Bay Hotel,
La Route De La Baie,
St Brelade,
Jersey, JE3 8EF

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Email: dwhealthclub@stbreladesbayhotel.com